

Meat	Produce	Box/Can	Dairy	On-Hand
Ground Beef 80/20 2 lbs	Green beans 1 lb	Beef Stock 20 oz	Eggs 1 pkg	Steva packets
Turkey meat sticks 1 pkg	Green Pepper 1	Tomato Pasts 5 oz	Sliced muenster 1 pkg	salt & pepper
8 oz steaks 2	Avocado 1	Salted Almonds 1 bag	Cream cheese 1 box	worcestershire
Pepperoni 1 pkg	Cauliflower 1 head	Black Olives 1 can	Babybel 1 pkg	baking powder
Frozen Chicken 1 bag	Lettuce 1 head	Sriracha sauce 1 bottle	Heavy Cream 1 carton	almond flour
Bacon 1 lb	Onion 2	Pork rinds 1 bag	Grated Parmesan 1 pkg	mayo
Beef Stew Meat 1.5 lbs	Zucchini 1	Pickle Spears 1 jar	Cottage Cheese 1 pkg	ranch
	Asparagus 1 lb	Tomato Sauce 1 can	Deli Ham 1 lb	
	Celery 1 bag	Chunk Chicken 10 oz	Colby Jack slices 1 pkg	
		100 Calorie almond pack 1 box		